

Emotional Well-being Pathway



Emotional Well-being concern / incident e.g. distress, self-harm, withdrawal. Identified by parent / carer, teacher / staff, pastoral team, external agencies.

Initial School Assessment and reviews completed by Inclusion Team
Information gathering from parents, teachers, staff, external agencies

Safeguarding Concerns
Safeguarding procedures followed

SEND SUPPORT PLAN for Social, Emotional and Mental Health (SEMH) SEMH Plan completed and reviewed termly. Including short and long term provision. Assess, Plan Do, Review, Cycle. Allocated Case Worker.

SEND - School Action / Teacher Action. SEMH Plan. Reviewed termly Assess, Plan Do, Review, Cycle. Allocated Case Worker.

Teacher Strategies
e.g. break time 1-1, calm box.

Parental Engagement Support,
advice and education.

Pastoral team 1-1 sessions e.g. emotional regulation, self-esteem, healthy relationships, loss, personal experiences psycho education. Long and short term.

Behaviour Support Service
Assessment/observation

Group Work e.g. Cook for Life, Me 2 (Domestic Abuse programme). Creative exploration group work.

Primary Jigsaw 12 Week
Play therapy intervention and parental engagement.

Educational Psychologist
Referral, assessment, report

Heathy Young Minds (CAMHS) Referral.

Feedback from Teachers, staff, professional and agencies. Outcomes and Strategies, implemented in school.

Education Health and Care Plan
If required after 3 review cycles

